## **Questionnaire: Bethlem Myopathy**

This questionnaire seeks to understand the connections between the mutated genes and constraints. It also aims to enable those affected to share information.

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Genetic defect in:	COL6A1	COL6A2		COL6A3		
First symptoms	· ,					
appeared:	(e.g. at the age of 3 / 1980)					
Origin:	Inherited	Spontar	neous	Unknown		
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Other	Yes	No		What relationship?	eg mother son	
family members				grandchild	e.g. mother, 30m,	
affected / ill:				granacina		
Country of origin:						
0						
Constraints	г г.					
Muscle weakness:		No	Remarks:			
Contractures:	Yes 1	Vo	Remarks:			
Hands:	Yes 1	Vo	Remarks:			
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	_	_				
Achilles tendon:	Yes 1	No	Remarks:			
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Cervical spine:	Yes 1	No	Remarks:			
			itemarks.			
Thoracic spine:						
Lumber spine:						
Carltagt		· I -	6			
Scoliosis:		No	Remarks:			
Hamstring:	Yes 1	Vo	Remarks:			
(posterior thigh muscle)						
Jaw:	Yes 1	Vo	Remarks:	(e.g. constriction of the	mouth opening,	
			pain while	chewing)		
Swallowing difficulties:	Yes 1	Vo	Remarks:	(e.g. only cold drinks)		
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Heart:	Yes 1	No	Remarks:			
Lungs:	Yes 1	No	Remarks:			
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Digestion:	Yes	No	Remarks: (constipation, etc.)
Skin:	Yes	No $\Box$	Remarks: (e.g. eczema, poor scar healing)
Pain:	Yes	No $\Box$	Where:
Secondary complications:	Yes	No $\Box$	Type: (arthrosis etc.)
Medication:	Yes	No	Type:
Therapy:	Yes	No $\Box$	Type: (physiotherapy, occupational therapy, heat treatment)
Results through therapy:	Yes	No	Detail:
Aids:	Yes	No $\Box$	Type: (orthoses, crutches, wheelchair, etc.)
Support:	Yes	No $\Box$	Type: (degree of care, household help, etc.)
Work capacity:	Yes	No $\Box$	Remarks: (part-time, retirement, etc.)
Negative effect on Bethlem myopathy?	Yes	No $\Box$	Detail: (overexertion of muscles, cold, stress, etc.)
Positive effect on Bethlem myopathy?	Yes	No $\Box$	Detail: (rest, stretching, heat treatment, etc.)
Special features / remarks / symptoms not listed here:			

A sincere thank you for help in shaping this internet site: <a href="https://www.bethlem-myopathie.de">www.bethlem-myopathie.de</a>

 ${\underline{\rm No}}$  personal information such as name or personal details will be disclosed! Best wishes, Diana Lauckner